



Become a KeepingWellNEL Wellbeing Ambassador



KeepingWellNEL
Enhancing Wellbeing and Promoting Resilience

Support colleagues in their journey to keeping well and develop your passion for wellbeing by joining our KeepingWellNEL Ambassador network.

Wellbeing is a mutual responsibility; our ambassador network will encourage mutual support and shared learning.

Access training and gain qualifications to support your wellbeing and your ambassadorial work.

To find out more about the role and apply scan the QR code or visit [our website](#)



The KeepingWellNEL workforce Hub is here to support the wellbeing, resilience and mental health needs of our NHS and health and social care colleagues across North East London. To help deliver the service and ensure all our colleagues are keeping well we are looking for colleagues who are already working within NHS and health and social care settings across north east London to become honorary KeepingWellNEL Ambassadors.