

SOCIAL PRESCRIBING



What is Social Prescribing?

Service video: <https://youtu.be/jEZr7OG2dGo>

The scheme is open to **ALL** patients living in and registered with a GP in Waltham Forest. The eligibility criteria of the service will shortly expand to include demand management from Secondary Care A&E Frequent Attenders requiring non-clinical support.

Our team of Social Prescribers are responsible for providing **non-clinical support** by linking patients to **community and voluntary services across the borough** and adopting a holistic approach to supporting patients to improve their physical and mental health and wellbeing.

The Waltham Forest Social Prescribing service aims to support and connect local patients/residents, over 18 years old, who require non-medical support to improve their health and wellbeing.

Who can refer?

- Reception / Admin
- GP

How to refer?



Electronically

To refer to the social prescribing use **EMIS code 8T09 and SystemOne** and book into **Social Prescribing appointment slots** where they are available within practices.
Available Monday - Friday 9am to 5pm.

What conditions are covered?

Included

- Adults 18+
- Ability to attend a local activity independently
- Have mental health needs
- Have long-term health conditions
- Face housing problems, debt, finding work or relationship problems
- Are lonely or isolated
- Use the NHS the most
- Struggle to engage with services
- Are carers

Excluded

- Clinical Interventions
- Help with mental health illness/clinical need

Patients with medical needs should contact their GP practice or 111 during out of hours.