

# SOCIAL PRESCRIBING



Social  
Prescribing

## What is Social Prescribing?

Service video: <https://youtu.be/jEZr7OG2dGo>

The scheme is open to **ALL** patients living in and registered with a GP in Newham.

Our team of Social Prescribers are responsible for providing **non-clinical support** by linking patients to **community and voluntary services across the borough** and adopting a holistic approach to supporting patients to improve their physical and mental health and wellbeing.

We enable residents to access 'social prescriptions', e.g. exercise and healthy eating or joining a social group to reduce social isolation etc.

## Who can refer?

- Self-refer
- Reception / Admin
- GP

## How to refer?



### Electronically

To refer to the social prescribing use **EMIS code 8T09** and book into **Social Prescribing appointment slots** where they are available within practices.

## What conditions are covered?

### Included

- Food bank
- Carer support
- Covid Wellbeing
- Elderly support
- Are lonely or isolated
- Weight management
- Face housing problems
- Alcohol/Substance misuse
- Benefits/debt/finance advice
- Low level mental health support
- Have long-term health conditions
- Employment issues/ employability
- Migrant/refugee/asylum seeker support
- Parenting issues/family activities support
- Support with blue badge/freedom pass applications
- Domestic abuse and relationship problems

### Excluded

- Clinical Interventions
- Help with mental health illness/ clinical need

**Patients with medical needs should contact their GP practice or 111 during out of hours.**