

Title: MyWay Diabetes roll-out in North East London CCG for Barking, Havering and Redbridge (BHR)

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Dear GP/ Practice Manager,

MyWay Diabetes (MWD) is an easy-to-use and award-winning service that helps people living with diabetes to improve their self-management of the condition.

MWD is currently being rolled out across the BHR, it is centrally funded by NEL CCG for BHR.

Please direct your patients to the service here: <https://nel.mydiabetes.com/>

IMPORTANT UPDATE: Access to personal health records listed below (item 3) is now available and practices will receive a Data Sharing Agreement (DSA) via Console. Please accept the DSA and we will then be in touch to support practices with communications to promote MyWay Diabetes to patients.

Key features

- Improves self-management of diabetes, leading to sustained reductions in HbA1c
- More collaborative and effective use of clinical time during consultations
- Promotes online care which is particularly important during the COVID-19 pandemic
- Improves clinical outcomes and saves money and time for the NHS.

MyWay Diabetes gives instant access to:

1. NHS accredited eLearning courses covering Type 1, Type 2, Gestational Diabetes, those at risk of developing Type 2 Diabetes, and a range of other useful topics.
2. Over 250 open-access multi-media diabetes resources and multi-language content.
3. Secure access to personal diabetes health records displayed via easy-to-understand dashboards and customised advice to help people living with diabetes to improve the way they manage their health.

Actions for GP Practice

- a) Review and accept Data Sharing Agreement in “Console”
- b) Contact all people with diabetes in your service and encourage them to register here: <https://nel.mydiabetes.com/>
- c) Promote the service in your practices and clinics – various support materials available – please get in touch via support@mwdh.co.uk for promo materials, help with direct to patient communications (e.g. letters, texts, emails).

Overview

MyWay Diabetes has been operating across NHS Scotland (as My Diabetes My Way) since 2008, it is designed, developed and overseen in collaboration with NHS clinicians, and is in place across several regions in NHS England (Somerset, Manchester, NW London, Cheshire & Merseyside, Lancashire & South Cumbria).

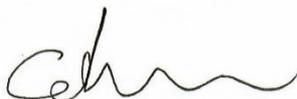
There are around 52,615 people diagnosed with diabetes in BHR and an estimated further 10,000 people living with the condition but not yet aware of it¹. Evaluation of My Diabetes My Way in Scotland has shown improved knowledge of diabetes leading to better self-management skills amongst people using the site, improved biomedical outcomes and health economic benefits.

The service in BHR region is being funded in partnership by the NEL CCG for BHR as a pilot. It is provided at no cost to patients, GPs, and will be functional for patient data residing within primary care systems (notably EMIS, with plans to extend to TPP and Vision shortly, and to Local Health and Care Record Exemplars (LHCRE) data streams in due course) once IG approved.

For more info about the service, to download promo material and resources, and to access our weekly clinical and patient Q&A webinars please contact support@mwdh.co.uk

Yours Sincerely,

MyWay Digital Team, in conjunction with the BHR Planned Care Team.



Chris Avery
Chief Operating Officer
MyWay Digital Health Ltd.



Dr Anju Gupta
GP, Diabetes Clinical Lead
BHR ICS

¹ https://www.diabetes.org.uk/resources-s3/2017-11/diabetes_in_the_uk_2010.pdf

Local endorsements for this service



We endorse and support the use of MyWay Diabetes. Please ensure your patients are aware of MyWay Diabetes and encourage anyone with diabetes or an interest in it to use the site.

A handwritten signature in black ink, appearing to read "Anju Gupta".

Dr Anju Gupta
GP, Diabetes Clinical Lead
BHR ICS

A handwritten signature in black ink, appearing to read "Ann Baldwin".

Dr Ann Baldwin
Havering GP & Clinical Lead

A handwritten signature in black ink, appearing to read "Jyoti Sood".

Dr Jyoti Sood
Redbridge GP & Clinical Lead